

Week 1	Monday	Tuesday	Wednesday	Thursday	Fish Friday
Main	Gluten Free Pork Meatballs <i>Pork Meatballs served with a Rich Tomato Sauce or Gravy</i>	Pizza Bar <i>Selection of Topped Pizza with a Deep Crust Base</i>	Traditional Roast Pork with a Rich & Tasty Gravy <i>Farm Assured Sliced Meat</i>	BREADED CHICKEN DUNKERS With tomato sauce	Fish Finger <i>Fillet of Fish Coated in a Crispy Breadcrumbs or Salmon Fishcake</i>
Vegetarian	Vegetarian Meatballs (V) <i>served in a Rich & Tasty Tomato Sauce</i>	Quorn Parcel (V) <i>Diced Quorn & Roast Vegetables encased in Puff Pastry</i>	Oven Roast Vegetables (V) <i>Served in a Yorkshire pudding & topped with Mature Cheese</i>	CHEESE & TOMATO PASTA BAKE	QUORN DUNKERS
Carbohydrates	Pasta Twists Boiled Rice	Jacket Potato Wedges	Roast Potatoes Creamed Potatoes	½ JACKET POTATOES	Chips Couscous
Vegetables	Seasonal Vegetable Selection	Sweetcorn Baked Beans	Fresh Sliced Carrots Fresh Broccoli Cauliflower	Seasonal Vegetable Selection	Sweetcorn Baked Beans
Salad Selection	Seasonal Salad Selection	Seasonal Salad Selection		Seasonal Salad Selection	Seasonal Salad Selection
Homemade Bread	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection
Puddings	Chocolate & Vanilla Swirl Mousse or Strawberry & Vanilla Swirl Mousse	Chocolate Sponge & Custard	Homemade Muffins	SHORTBREAD	Let's Dine Fresh from the Farm Ice Cream
	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers

Fresh Fruit available daily
All items subject to availability

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Big Breakfast Pork Sausage Back Bacon <i>Farm Assured Pork Sausage & Middle Back Bacon</i>	Pizza Bar <i>Selection of Topped Pizza with a Deep Crust Base</i>	Traditional Roast Beef with a Rich & Tasty Gravy <i>Farm Assured Sliced Meat</i>	Chicken Curry <i>Tender pieces of Farm Assured Chicken Breast in a Chef's Curry Sauce</i>	Fish Finger <i>Fillet of Fish Coated in a Crispy Breadcrumbs or Battered Fillet of Fish White Fillet coated in a light Batter</i>
Vegetarian	Vegetarian Sausage (V) Free Range Scrambled Egg (V)	MACARONI CHEESE	Quorn Parcel (V) <i>Diced Quorn & Roast Vegetables encased in Puff Pastry</i>	Vegetable Pasta Bake (V) <i>Seasonal Vegetables in Rich Tomato Sauce with Pasta</i>	Quorn Dunkers (V) <i>Tender Quorn pieces in a Light Batter</i>
Carbohydrates	Potato Smiles	DICED POTATOES	Roast Potatoes Creamed Potatoes	Boiled Rice	Chips
Vegetables	Baked Beans Tomatoes Mushrooms	SEASONAL SELECTION OF VEG	Fresh Sliced Carrots Broccoli Green Beans	Seasonal Vegetable Selection	Baked Beans Garden Peas Sweetcorn
Salad Selection	Seasonal Salad Selection	Seasonal Salad Selection	Seasonal Salad Selection	Seasonal Salad Selection	Seasonal Salad Selection
Homemade Bread	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection	Naan Bread	Homemade Bread Selection
Puddings	Homemade ICED MUFFINS	Fruit Crumble & Custard	Jelly with a Swirl of Cream	APPLE FLAPJACK	SELECTION OF COOKIES
	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers

Fresh Fruit available daily
All items subject to availability

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Sausage with a Rich & Tasty Gravy <i>Farm Assured Pork sausage served with Onion Gravy</i>	RED TRACTOR BEEF BOLOGNAISE <i>Farm Assured Minced Beef in Rich Tomato Sauce</i>	Traditional Roast Turkey with a Rich & Tasty Gravy <i>Farm Assured Sliced Meat</i>	CHICKEN STRIPS ,With BBQ, TOMATO, SWEET & SOUR SAUCES	Battered Fillet of Fish <i>White Fillet coated in a light Batter</i> or Fish Finger <i>Fillet of Fish Coated in a Crispy Breadcrumbs</i>
Vegetarian	Vegetarian Sausage served with a Rich & Tasty Gravy (V)	Vegetarian Bolognese <i>Seasonal Vegetables & Mixed Beans in Rich Tomato Sauce</i>	Oven Roast Vegetables (V) <i>Served in a Yorkshire pudding & topped with Mature Cheese</i>	Quprn Dunkers	VEGETARIAN BURGER
Carbohydrates	Creamed Potatoes	Pasta Twists	Roast Potatoes Creamed Potato	Boiled Rice OR Diced herby potatoes	Chips Lemon Couscous
Vegetables	Seasonal Vegetable Selection	Seasonal Vegetable Selection	Fresh Broccoli Cauliflower Garden Peas	Seasonal Vegetable Selection	Baked Beans Garden Peas
Salad Selection	Big Seasonal Salad Selection	Seasonal Salad Selection		Seasonal Salad Selection	Seasonal Salad Selection
Homemade Bread	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection	Homemade Bread Selection
Puddings	RICE PUDDING WITH JAM	SWISS CRUMBLE & CUSTARD	Fruit Jelly with a Swirl of Cream	ICED MUFFIN SELECTION	Let's Dine Fresh from the Farm Ice Cream
	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers	Fruit Yoghurt	Cheese & Crackers

Fresh Fruit available daily
All items subject to availability