

Moorfield Primary School

Relationships, Sex and Health Education (RSHE) Policy

To be implemented: September 2026

Status: Draft for consultation (parents and governors)

1. Policy statement and aims

At Moorfield Primary School, we are committed to delivering a high-quality programme of Relationships, Sex and Health Education (RSHE) as an integral part of our wider PSHE curriculum.

Our RSHE curriculum aims to:

- equip pupils with the **knowledge, skills and values** needed to form positive relationships
 - support pupils to **stay safe, both offline and online**
 - develop pupils' **emotional literacy, resilience and wellbeing**
 - prepare children for **life in modern Britain**
 - enable pupils to become **respectful, responsible and confident individuals**
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2. Statutory requirements

In line with the Department for Education statutory guidance (July 2025, for implementation from September 2026):

- **Relationships Education and Health Education are compulsory in primary schools**
- Sex education is **not statutory at primary level**

This policy ensures that Moorfield Primary School:

- meets all statutory requirements
 - delivers content that is **age-appropriate, inclusive and carefully sequenced**
 - prioritises **pupil safeguarding, wellbeing and dignity**
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3. Curriculum intent

Our RSHE curriculum is designed to ensure pupils:

- develop **positive, respectful and healthy relationships**
 - understand how to **keep themselves safe**, including online
 - build a strong **vocabulary to express emotions and manage feelings**
 - understand **physical health, mental wellbeing and healthy lifestyles**
 - respect **diversity, equality and the rights of others**
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4. Curriculum structure and organisation

RSHE is delivered through:

- a **weekly discrete lesson** (approx. 40 minutes in KS1; 50–60 minutes in KS2)

The curriculum is structured around five key threads:

- Relationships
- Wellbeing
- Online safety
- Community
- Growing up

Moorfield Primary School uses:

- the **Oak National Academy RSHE (PSHE) curriculum** as the core framework
- **Jigsaw materials** to support the teaching of **sex education and aspects of the growing up curriculum**

This ensures a **coherent, progressive and flexible curriculum** tailored to our school context.

5. Curriculum overview

Key Stage 1 (Years 1–2)

Pupils develop understanding of:

- emotions and how to manage them
- friendships and family relationships
- basic online safety

- personal safety and healthy routines
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Lower Key Stage 2 (Years 3–4)

Pupils build on prior learning through:

- managing more complex emotions
 - understanding friendships, families and communities
 - learning about **equality, diversity and British values**
 - developing awareness of **online risks and media influence**
 - strengthening knowledge of **personal boundaries and safety**
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Upper Key Stage 2 (Years 5–6)

Pupils are prepared for adolescence and transition to secondary school through:

- managing complex emotions and change
 - understanding healthy relationships and boundaries
 - recognising peer pressure and risk, including substances
 - developing critical thinking about online content
 - **learning about puberty and physical and emotional changes (taught in Year 5)**
 - exploring age-appropriate concepts such as **commitment, marriage and respectful relationships**
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6. Teaching and learning approach

RSHE is delivered through:

- explicit teaching of **key knowledge and vocabulary**
- structured discussion and reflection
- scenario-based learning and real-life contexts
- opportunities to apply and evaluate learning

Teachers will:

- establish **clear ground rules** for every lesson
- create a **safe, respectful and inclusive environment**
- use accurate, age-appropriate language
- respond to pupils' questions in line with safeguarding guidance

7. Inclusion and equality

At Moorfield Primary School, RSHE:

- is **inclusive of all pupils**, including those with SEND
- reflects the diversity of **modern Britain**
- promotes the values of:
 - respect
 - equality
 - tolerance

Pupils are taught to:

- value differences
 - understand the **Equality Act**
 - challenge stereotypes and discrimination
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8. Safeguarding

RSHE plays a vital role in safeguarding by enabling pupils to:

- recognise **safe and unsafe situations**
- understand **personal boundaries**
- know how to **seek help and report concerns**

Sensitive topics are:

- delivered in an age-appropriate way
- supported by clear ground rules
- taught with a focus on safety and wellbeing

All concerns are managed in line with the school's **Safeguarding Policy**.

9. Assessment and monitoring

Assessment in RSHE is:

- **ongoing and formative**
- based on pupil discussion, understanding and reflection

The curriculum will be monitored through:

- lesson observations
- pupil voice
- curriculum reviews

Governors will oversee:

- statutory compliance
 - policy implementation
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10. Sex education

In line with statutory guidance:

- **sex education is not compulsory in primary schools**

At Moorfield Primary School:

- statutory content on **growing up and puberty is taught in Year 5**
- this is delivered using a combination of **Oak National materials and Jigsaw resources**

For sex education:

- **Jigsaw materials are used** to support teaching
- content is planned to be:
 - age-appropriate
 - factual
 - sensitive

The focus is on:

- preparing pupils for adolescence
- understanding changes during puberty
- promoting respectful relationships

Parents have the right to:

- **request withdrawal from non-statutory sex education elements**
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11. Parental engagement

Moorfield Primary School recognises parents as the **primary educators of their children**.

We will:

- share this policy for consultation
- provide clear information about what is taught
- offer opportunities for parents to ask questions and give feedback

Consultation on sex education

Each year:

- a **consultation meeting is held in the summer term** for parents of Year 5 and Year 6 pupils
- parents are given the opportunity to:
 - view materials
 - understand how lessons will be delivered
 - ask questions

Following the meeting:

- a **summary of the materials and key learning content is shared with all parents**

This ensures transparency and supports parents in discussing learning at home.

12. Roles and responsibilities

Headteacher

- overall responsibility for RSHE
- ensures compliance with statutory guidance

RSHE Lead

- oversees curriculum planning and delivery
- supports staff and monitors impact

Teachers

- deliver the curriculum
- create safe learning environments
- follow safeguarding procedures
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Governors

- approve the policy
 - monitor implementation
 - ensure statutory compliance
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13. Review

This policy will be reviewed:

- annually
- following consultation feedback
- in response to changes in statutory guidance