

## PSHE

In Reception children will follow the JIGSAW materials for RSHE (See RHSE curriculum page). We also know that PSHE is very much an integral part of the day to day running of Reception. We recognise that practitioner support and links with parents play a crucial role in helping children as they move towards their ELG, for example promoting independence when fastening coats or helping them to develop friendships and resolve conflicts with others. The PSHE curriculum is therefore very fluid and tailored towards the needs of each cohort and individual.

### ELGs:

#### Self-regulation

- **Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.**
- **Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.**
- **Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.**

#### Managing Self

- **Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.**
- **Explain the reasons for rules, know right from wrong and try to behave accordingly.**
- **Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.**

#### Building Relationships

- **Work and play cooperatively and take turns with others.**
- **Form positive attachments to adults and friendships with peers.**
- **Show sensitivity to their own and to others' needs.**